



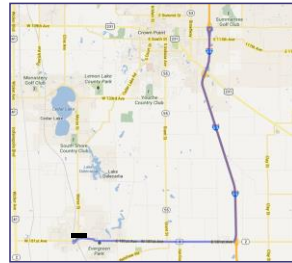
### Directions to Parking

#### From 41 North or South to 195 West Oakley Ave

Turn east onto IN-2/181<sup>st</sup> Ave  
 Continue to follow IN-2 for 2.3 mi  
 Turn right (S) onto Liberty St for 0.1 mi  
 Turn left (E) onto W Oakley Ave  
 Destination will be on the right  
 Enter drive marked "5K Parking"

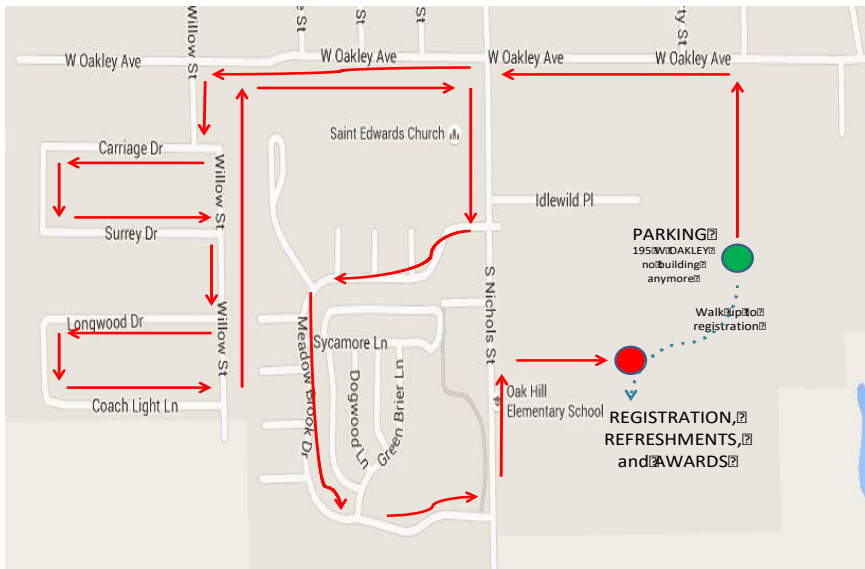
#### From 65 North or South to 195 West Oakley Ave

Take exit 240 for IN-2 toward Lowell  
 Turn west onto IN-2/181<sup>st</sup> Ave  
 Continue to follow IN-2 for 6.4 mi  
 Turn left (S) onto Liberty St for 0.1 mi  
 Turn left (E) onto W Oakley Ave  
 Destination will be on the right  
 Enter drive marked "5K Parking"



**FOLLOW SIGNS IN PARKING LOT TO REGISTRATION**

### COURSE ROUTE



# 5K Run/Walk



## Tri-Creek

## Education Foundation

## Lowell Labor Day Weekend 5K

Saturday, August 31, 2019

8:00 a.m. start

# THANK YOU FOR YOUR SUPPORT!

LOWELL LABOR DAY WEEKEND 5K

Saturday, August 31, 2019

DISCOUNTED PRICE & T-SHIRT if POSTMARKED BY AUGUST 9<sup>th</sup>

- \_\_\_\_\_ \$25 Adult (11 yrs & older)
- \_\_\_\_\_ \$23 Calumet Strider member
- \_\_\_\_\_ \$10 Youth (10 yrs & under)
- \_\_\_\_\_ \$12 t-shirt (circle one) **ADULT** S M L XL XXL(\$13) **YOUTH** S M L XL
- \_\_\_\_\_ TOTAL ENCLOSED

POSTMARKED AFTER AUGUST 9, 2019 – shirts not available

- \_\_\_\_\_ \$30 Adult (11 yrs & older)
- \_\_\_\_\_ \$28 Calumet Strider member
- \_\_\_\_\_ \$10 Youth (10 yrs & under)
- \_\_\_\_\_ TOTAL ENCLOSED

NAME (please print) \_\_\_\_\_

GENDER M F DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE on 8/31/19 \_\_\_\_\_

OR Athena/Clydesdale (please circle)

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_ \*EMAIL AND/OR PHONE REQUIRED

TRI-CREEK SCHOOL \_\_\_\_\_ (present/former student, parent, employee, friend)

**Waiver Statement (Must be signed):**

I, for myself, my heirs, executors, personal representatives, and assigns, hereby release Tri-Creek Education Foundation, the Town of Lowell, Calumet Region Strider Club and all government bodies or districts representing the geographic area(s) in which the 2019 Tri-Creek Education Foundation Run/Walk is held, all sponsors, contractors, officials, and it's and their offices, directors, trustees, employees, representatives, successors, and assigns (collectively, the "Released Parties") from and against any and all claims under any theory (including without limitation, injury, illness, damage, loss or harm to me or my property or my death however caused) that may arise as a result of my participation in the Run/Walk, including activities that I engage in relating to the Run/Walk that occur before or after the Run/Walk. I attest and verify that I am physically fit and able to participate in the Run/Walk of this type. I grant my permission to the Released Parties to reproduce my name, likeness, image, personality and voice by any audio or visual recording technique now known or hereafter devised in connection with publicity and promotional activities connected to the Run/Walk and or released in all media. In case of emergency, I authorize the Released Parties to arrange for or provide such medical care assistance, treatment and/or services including without limitation surgery to me as they determine to be necessary. I hereby release, discharge, relinquish and hold harmless the Released Parties from any medical care, assistance, treatment or services to me at any time whether such services are provided by health care professionals, paramedics, or other persons.



Participant's Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature if under 18 \_\_\_\_\_

Date \_\_\_\_\_



Powered by RFID Race Timing Systems



REGISTRATION

Online - [www.runsignup.com](http://www.runsignup.com) or [www.thtiming.com](http://www.thtiming.com)

Download Form @ [www.t-cef.org](http://www.t-cef.org)

Mail registration form with check payable to:

Tri-Creek Education Foundation, 19290 Cline Avenue, Lowell, IN 46356

**TO ORDER SHIRTS, REGISTRATIONS MUST BE POSTMARKED BY AUGUST 9<sup>th</sup>**

RACE DAY

Registration, goody bag and shirt pick up ~ 6:30-7:30 a.m.

Ample parking and facilities are available on site.

COMPUTERIZED CHIP TIMING

Computerized chip timing by T&H Timing. Split times at every mile and water stations on the course. No pets, bicycles, in-line skates, roller shoes, scooters, skateboards or other vehicles allowed on the course. Strollers are welcome.



PROCEEDS

Proceeds from this event benefit the Tri-Creek Education Foundation, therefore no refunds. More information: [t-cef.org](http://t-cef.org) or e-mail [tcef@tricreek.k12.in.us](mailto:tcef@tricreek.k12.in.us).

CONTACT INFORMATION

Email: [tcef@tricreek.k12.in.us](mailto:tcef@tricreek.k12.in.us) Phone: (219) 750-1262 Text: (219) 808-1063

AWARDS and DOOR PRIZES

Medals and door prizes will be presented immediately following the race. A traveling trophy and **\$1,000** award will be given to the Tri-Creek School with the highest percentage of participation. When registering, indicate which school you (present/former student, parent, employee, friend) are representing. In the case of a tie, the \$1,000 award will be equally shared between the winning schools.

- Awards presented to: Top overall male & female finishers
- Top male & female masters
- Top three finishers in each division (male & female)

AWARD DIVISIONS

0-6	7-8	9-10	11-12	13-14	15-18
19-24	25-29	30-34	35-39	40-44	45-49
50-54	55-59	60-64	65-69	70-74	75-79

Athena & Clydesdale